



L.P.C. CHAFF CHAT

LONDONDERRY PONY CLUB

PRESIDENTS REPORT

Lacey Toynton

2020, it will certainly be a year that we won't forget! Firstly, I would like to thank our members and our supporters for the understanding and resilience they have shown as our club, and the pony club movement, responds to COVID-19. It has been difficult, but definitely in our best interests, to take the actions we have to protect our members. I, and the LPC executive team, hope that everyone stays healthy, both physically and mentally, during this time- we are sure the extra time we will get to spend with our horses will certainly assist us in that!

There are many great initiatives to get involved with online and keep your riding goals motivated! You will see some of them featured in this edition of Chaff Chat and on our social media! As a club we have some initiatives of our own too, the first of which is a colouring competition! Make sure to get your completed masterpieces in before the due date on 14th April.

Thankfully, we did manage to get in our Mega Rally on March 15, which was a great success! It was fantastic to see great support from all our members helping out, and our riders thoroughly enjoying the instructional lessons! We also had a mighty team of LPC riders represent the club at Castle Hill Show! There were many prizes collected by our riders, including 2nd place in the total club point score! Well done to those representatives!

I look forward to hopefully soon welcoming everyone back to rally days! Until then stay safe and happy riding!



@Londonderry Pony Club

See our latest article in...

Hills & Hawkesbury
Equestrian News

June 2019 Edition - Page 100-101 - Horse Day 14

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Stanton & Taylor



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Would you or your business like to support our LPC family? Contact londonderryponyclubsecretary@gmail.com to get in touch with us today!

COVID-19 AND LPC

Information updates almost daily as we, as a global society, face an incredibly testing time

Our club executive met via teleconference on the 23rd, providing the following statement to members. The decision to cancel events and close our grounds was made with a heavy heart but was the necessary option given the government regulations in regard to social distancing and "mass gatherings".



LONDONDERRY PONY CLUB INCORPORATED

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LONDONDERRY 2753

Grounds
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LONDONDERRY 2753

23rd March 2020

Attention: Members

Subject: COVID-19 and Pony Club

As you can imagine the Committee at Londonderry Pony Club have been closely watching COVID-19 developments and how it will affect our club moving forward.

This evening the Executive Committee held a teleconference to discuss this and have decided that based on the current information, we will close our grounds and cancel all Rally Days and Events until further notice. We will review this decision on a monthly basis until we have a positive outcome.

Zone Showjumping and Jumping Equitation have been cancelled, the remaining Zone events will be confirmed by Zone after May 1st. PCA will make separate announcements regarding State events, and we will forward this information to our members as soon as we are able to.

During our COVID-19 down time, the Committee is investigating some online activities and competitions to keep our members connected, so please keep an eye out for these in the coming weeks.

We wish all our members and their families well until we are able to get up and running again.

Londonderry Pony Club Committee 2020

LOCKDOWN HAS RUINED ALL THE FUN... OR HAS IT?

Despite the cancelation of many events, our digital world has evolved new ways to not only interact but to stay involved and motivated! See some examples below...

Horseland National Dressage Competition

One of Australia's most trusted saddleries, Horseland, have launched a nation-wide online dressage competition! See their Facebook post below for details! And stay updated with them as they are also hinting at possibly running a showjumping competition as well!

Here at Horseland we understand and acknowledge the difficult times ahead for us all. For those of you fortunate enough to have access to your horse during these times, we are very excited to introduce to you...

Our very first Horseland National Digital Dressage Competition!

There is an incredible prize pool of over \$35,000 on offer, kindly donated by Horseland brand partners - Albion, Enzo Treviso, Crosby, Collegiate, WeatherBeeta and Dublin.

Our top 10 in each class will receive a marked test and our top 6 will receive video feedback from some of the best dressage riders and coaches in the country, including Judy and Daniella Dierks, Heath and Rozzie Ryan, Natasha Althoff from The Riding Success Institute and incredible Para Equestrian Rider Bridget Murphy!

Click the link below for more information and the links to the four dressage tests to choose from to suit your level - from riders who are just starting out and want to have some fun, right through to tests for more advanced riders looking for a challenge.

What's the catch? There isn't one! Our competition is FREE to enter – Here are the steps how:

- 1. Video your test at home, at an arena or even in the paddock. Please make sure to film it from the "A" marker. The video must be in ONE take and not spliced or edited in any way.*
- 2. Upload your video to your Facebook or Instagram account. Tag Horseland in the post, tell us which test you're riding and include the hashtag #HorselandDigitalDressage2020*
- 3. Fill out the form in the link below.*
- 4. DONE! That's all you have to do to enter – Happy riding!*

More info & dressage tests here 📌📌📌

<https://loom.ly/pv-Z9To>

Not a dressage rider? Not a problem – We're also going to have a competition for jumpers coming very soon.

Pony Club Australia and Pony Club NSW

Both PCA and PCNSW are looking into many ways to help members stay involved even though there may not be any rally days or events!

These initiatives are slowly rolling out, but they include interactive tutorials, certificate work, Instagram takeovers and, as below, the first ever national online quiz and weekly workouts provided by "The Riders Pod"!

To keep up with all the details and to participate, follow both Pony Club Australia and Pony Club NSW on Instagram and Facebook!

Introducing the first ever . . .

National Online Quiz!

Thursday April 2, 2020 - all members can enter in real time, all levels, all around Australia*

PCA Discipline of the Month for April is QUIZ, so we are celebrating with a big online quiz each Thursday afternoon. Who will be the champions?



We will be using **kahoot.com**. More details soon.
* internet access required.



AT HOME WORKOUT WEEK 1



SENIOR INSTRUCTORS REPORT

Leanne Bell

This has been a very rough year so far, but I hope all members and their ponies are staying safe and enjoying the extra time together that the Stay at Home restrictions have forced.

We have managed to hold two Rally Days, with the Mega Rally day once again proving to be a hit.

The only negative thing about the Mega Rally day that I want to call out is that 10 riders just DNA, (did not arrive) and 5 of these were from LPC. This is particularly disappointing as the entries had been closed as we had high entries, and not many instructors. Other riders were turned down, and they actually could have attended if these riders had advised their intentions. Riders/parents are responsible to advise the organising committee of any event they have entered if they are unable to attend. This caused plans to go awry, and some groups to have only 1 or 2 riders.

As we are now in the COVID-19 restrictions, I am hoping that those planning to complete a certificate (or 2) this year will be working on the checklists handed out at the first rally day. I will be sending a rider list and some more information very soon on this topic – keep an eye on your Inbox.

There will be a video call Zone Instructors meeting on Thursday 16th April. Details will be emailed to all instructors- hopefully everyone is available to join in.

Enjoy the extra time with your families and your ponies, and I hope to see you out on the grounds again very soon!

ZONE 19 REPORT

News, upcoming events and important notices

Despite all the chaos of the last couple of months we managed to squeeze in our Zone 19 Mega Rally, which was a huge success!



RANVET HORSE CARE CORNER

Cribbing or Wind Sucking in Horses



Cribbing or crib biting is a vice in which the horse places its upper incisors on a horizontal solid surface, presses down, arches its neck and pulls back. As this occurs the horse usually makes a grunting noise and gulps air. Wind sucking may occur without the horse grasping anything with its teeth, most horses have their own manner of wind sucking. Some horses engage in these vices only when alone; some won't do them if they know they are being watched.

Cribbing is a fairly common behavioural problem, constituting 27% of referrals to one equine behaviour clinic. It's reported that nervous hyperactive horses kept in a stall most of the time and exercised and groomed little are most likely to crib and wind suck, whereas these vices are rarely practiced by placid draft horses or ponies.

It has also been found that the incidence is as high as 30% in some families of Thoroughbreds as compared to 2.5% in all Thoroughbreds in the study. Imitation of mares by their foals was excluded as the reason for the higher incidence. Thus, inheritance of the vice, or the temperament leading to its occurrence, appears to be an increased risk factor in some cases.

The cause for crib biting is unknown. It is thought to usually start in confined horses due to frustration, boredom, and/or imitation, but once established, persists even when the horse is on pasture. These vices have also been observed to increase when a highly palatable high-grain diet is fed, perhaps because this may stimulate endorphin release, which in turn stimulates dopamine release.

Cribbing, when continued over a long period, may cause wear and erosion of the upper incisors and pronounced hypertrophy of the neck muscles. In severe longstanding cases, tooth wear may progress to such an extent that the incisors no longer meet when the mouth is shut and, therefore, the horse can no longer graze. A few horses may spend so much time cribbing that feed consumption and as a result body condition and weight are decreased.

However, most horses have no problems as a result of either cribbing or wind sucking; mostly it just annoys those around the horse. Because of this, some have recommended that if the horse is in good condition, ignoring it may be best. However, most horse owners prefer to try and prevent it, and other horses may mimic cribbers and wind suckers. Because of this, cribbers and wind suckers should be kept separate from other horses, but they should be provided with companionship, such as another animal. Solitary confinement will likely worsen the problem or cause others.

Numerous methods have been tried to prevent cribbing and wind sucking, none are universally successful, but some methods may work in some cases. The most common method is fastening a several-inch-wide (5 to 7cm) leather strap snugly around the throatlatch. When the horse tries to arch its neck to crib or wind suck, pressure from the strap causes pain. To enhance this effect, some cribbing straps have points on the inside or a metal "gullet-piece" which has a recess for the

trachea but may put more pressure on the throatlatch when the horse tries to arch its neck. Some of these straps have a heart-shaped piece of thick leather that sits between the angles of the jaws with the pointed end protruding into the space between the jaws. Cribbing or wind sucking straps generally decrease or prevent these vices at least initially.

However some horses will resume or continue the vices in spite of the strap and may eventually develop pressure sores from the strap which require their removal. Although cribbing straps must be snug to be effective, they shouldn't be so tight that they interfere with breathing, and they may need to be removed or loosened during feeding, although generally they don't need to be.



Another preventive device is a hollow, cylindrical perforated bit, which prevents the horse from making its mouth airtight. A thick rubber or wooden bit that prevents the jaws from closing is sometimes successful but causes acute discomfort and is not recommended. A different approach is to keep the horse in a bare-walled stall without a feed trough, waterer, or anything on which to place its incisors. It's reported that cribbing will stop when this is done. It is likely to recur, however, if the horse is returned to the environment in which the vice developed.

Various surgical procedures have also been used to try to prevent cribbing and wind sucking although none are recommended. The procedures are either ineffective, disfiguring, or associated with secondary complications.

It is always recommended to try and alleviate the cause before implementing the methods mentioned above to stop cribbing or wind sucking.

Here are some simple procedures which may help to reduce the incidence of cribbing or wind Sucking in horses:

- Providing a companion animal.
- Decreasing confinement and increasing turnout time.
- Increasing quality time with your horse.
- Putting metal mirrors in the stall.
- Feeding increased hay and/or pasture forage.
- Installing horse toys such as Licki's or Horse Balls in the stable

Want to learn more?

Follow Ranvet on Facebook, Instagram and Twitter! @ranvetptyltd

Or become a member of the Ranvet Riders Club at

<https://www.ranvet.com.au/ranvet-riders-club/> for exclusive offers and content!

#TEAMLONDONDERRYPONYCLUB

Check out what our LPC team and their horses have gotten up to outside of pony club!

Castle Hill Show, Pony Club Day

By Charlotte M.

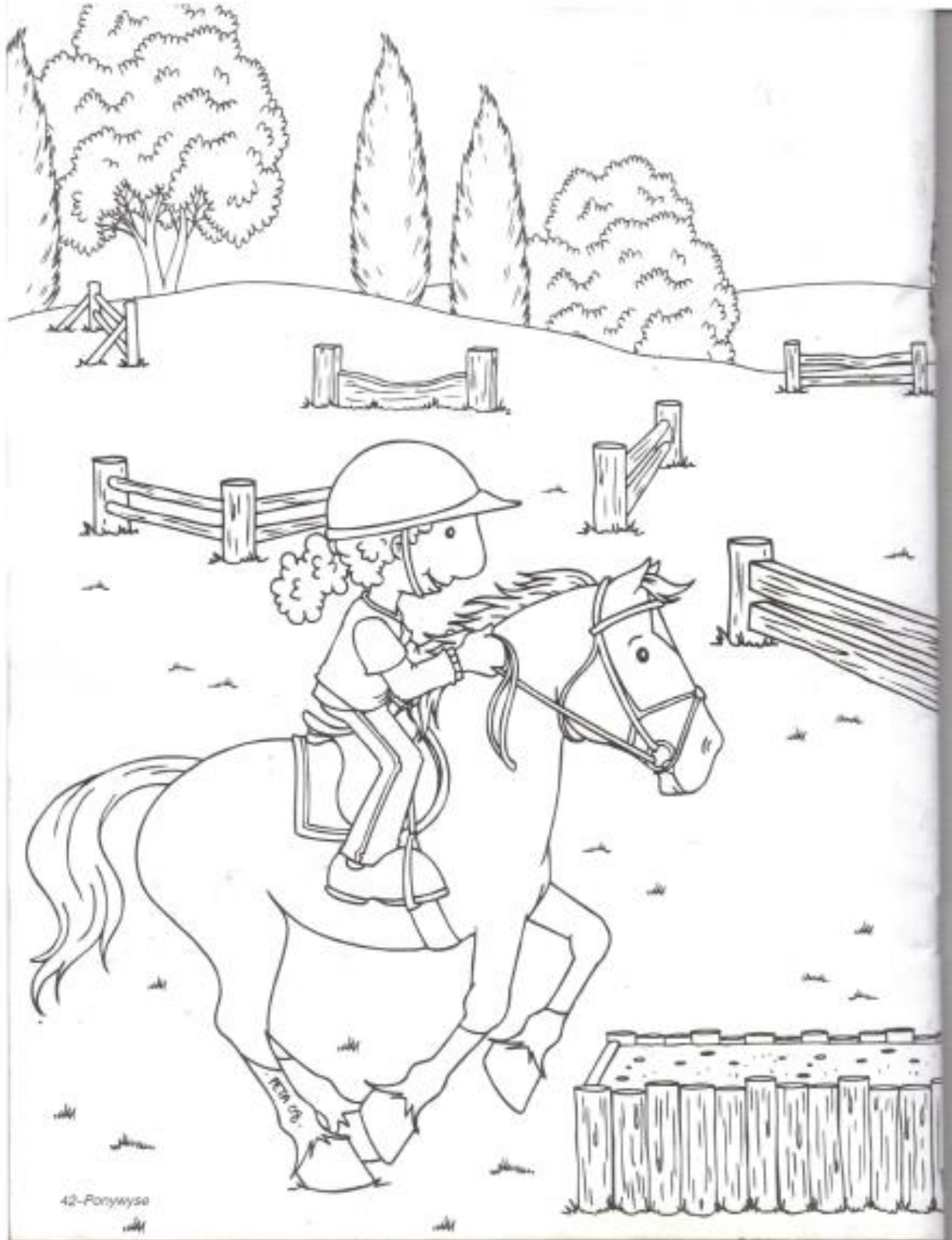
A cold and wet day down at Castle Hill Show but a good one. The junior team of four (Torah Kelly, Tempese Toynton, Maddilyn Millington and Rosie Mison) who were bound for The Sydney Royal Easter Show prior to its cancellation, performed a great workout winning the teams class against a strong Glenorie team. A sea of Reserve Age Champions were picked up at the days end, congratulations to Torah Kelly, Tempese Toynton, Maddilyn Millington, Shannon McHale and Holly Burgess, all taking out reserve champions in their respective ages. Emma Bracks came out on top in her division, winning the champion 15 and under 17. The magnificent efforts of all our riders resulted in the winning of 2nd overall point score club.

Well done to all the riders that competed, you all did LPC very proud



LPC COLOURING COMPETITION

Open to financial members of LPC, any age! Fabulous prizes up for grabs from our good friends at Horseland Richmond! Submit your entry by April 14th to londonderryponyclubsecretary@gmail.com for your chance to win! (original file can be found in your emails from LPC!)



42-Ponywise

NAME:

AGE:

CALENDAR OF EVENTS

April 2020, as of April 8th, 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 PCA National Online Quiz	3	4
5	6	7 Zone 19 Meeting (Online)	8	9 PCA National Online Quiz	10	11
12	13	14 Colouring In Competition Due	15	16 Zone Instructors Meeting (Online) PCA National Online Quiz	17	18
19	20	21	22	23 PCA National Online Quiz	24	25
26	27	28	29	30 PCA National Online Quiz		

The LPC Chaff Chat was founded in 2005 by
Lynne Pendlebury.
It has been revived from its hiatus in 2020.



LONDONDERRY PONY CLUB

All information is accurate as of time of publishing.

All inquires can be directed to lpccpublicity@gmail.com