



L.P.C CHAFF CHAT

LONDONDERRY PONY CLUB

PRESIDENTS REPORT

Lacey Toynton

Hi Team & welcome to LPC 2020

I'm super excited for the year ahead! We will have the pleasure of watching our riders grow with all the new & exciting things that are planned to happen in this year.

I'm super happy to be part of one of the most competitive pony club teams, having so many amazing, talented riders, who will be representing us in many disciplines across the board.

This year I hope that we can all support each other as a team and club, to achieve many more highlights & to show our kids that there is so many fun & interesting things that you can be a part of in pony club – and not all of them will you be in the saddle for!

I can't wait to see everyone's smiling faces on our 1st rally day on February 2nd!

Giddy up & catch you all soon,
Lacey



@Londonderry Pony Club

See our latest article in...

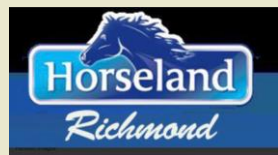
Hills & Hawkesbury
Equestrian News

June/July 2019 - Free
Vol 48 - Issue No. 54

OUR GENEROUS
SUPPORTERS....



Stanton & Taylor



McDonald Contracting



Would you or your business like to support our LPC family? Contact londonderryponyclubsecretary@gmail.com to get in touch with us today!

NEW YEAR, NEW LOOK

Meet your new Executive for 2020!



President *Lacey Toynton*

Vice President Snr *Lisa Bracks*

Vice President Jnr *Sharne Haskins*



Secretary *Chantel McDonald*

Treasurer *Lacey Toynton*

Senior Instructor *Leanne Bell*

LONDONDERRY PONY CLUB



Club Captain and Horse Welfare Officer
Rashelle Haskins



Publicity Officer Vanessa Millington



Publicity Officer Sharne Haskins



Sponsorships and Grants Coordinator
Kelly Burgess



Canteen Coordinator Nedean Gow



Safety Officer Anne Lyell



WE ARE GOING ONLINE!

How to get your online portals set up so you are ready for the new year!

Get yourself ready for the new year by setting up these three accounts, which will help you manage membership as well as entries to numerous pony club events!

The My Pony Club Portal

This portal is slowly being introduced this year and will eventually be the go-to spot for all pony club related registrations! You may already be familiar with it as it is where you completed your membership this year! It will also be used for State Championship entries.

Here are some top tips for setting up this portal!

1. **Save the link to the log in page!** When you google "My Pony Club" the sign in page may not come up as the top hit, so save the hassle by bookmarking, storing in favorites or even copying to a desktop sticky note, this web address; [https://osm-pony.omnisportsmanagement.com/Memberships/\(S\(pzlpf2am4k0b2jkktyofvet\)\)/OSMMbr_LoginPony.aspx](https://osm-pony.omnisportsmanagement.com/Memberships/(S(pzlpf2am4k0b2jkktyofvet))/OSMMbr_LoginPony.aspx) The link can also be found on the Pony Club NSW website by scrolling to the bottom and clicking "National Database".
2. **Now we can find the link, keep your username and password handy!** Your username is your unique member number which can be found on your pony club member card (past or present, they are all the same!) or sourced from our secretary. As for your password, make sure you keep it in a safe place, or allow your computer to "save login details" when prompted!
3. **Register all your pony club horses!** You can find this by clicking the "All About Me" tab and selecting "My Horses". Here you will find all your registered horses, as well as the option to "add a new horse". When adding a new horse there are numerous questions to fill out which can be time consuming! Once submitted, PCNSW also has to "approve" the horse registration in the system, which can again take time! So, in short, it's best practice to add a new horse well in advance of having to complete any entries on here!!

Still stuck on how to navigate? Head to the Londonderry Pony Club Facebook page, Website, YouTube channel or email us at lpcpublicity@gmail.com and check out our "navigating the portal" video!

Nominate

Nominate is a popular online entry portal for, not only some pony club events, but many open events and Equestrian Australia events! It allows you to view and enter events without being signed up, however setting up a riders account does provide many benefits and is free!

- **You can 'watch' events**- if there is an event you may like to enter later, you can select to watch it. When it gets closer to entry deadline you will get an email reminder!
- **You won't miss an event by selecting your interest disciplines within your rider profile!** When creating your account, you can select disciplines of interest, then when new events are added to the platform under these disciplines, you'll receive an email notification about the event!
- **It remembers all your details!** When you go to fill in entries, stabling and camping, by signing in, many fields will "auto fill". This definitely cuts your time spent fiddling around entering your phone number, address and those repetitive details!


How to get started:

Register at <https://www.nominate.com.au/equestdn/Rider/register.aspx>

make sure you register with the rider's name so that, when it comes to entering, parents' names aren't added instead of the riders!



Looking for events:






Select your discipline and filter by state!


HOME ABOUT CONTACT VENUES **EVENTS** DRAW RESULTS
LOGIN SIGN UP

Home > Equestrian

Select your interest : Pony Club
Select your State : NSW

Event	Start Date	Closing	Venue	State	Places Left	Nominate	Watch
Rochelle King-Andrews & Greg Andrews Combined Clinic - Tamworth	14/02/2020	16/02/2020	Australian Equine and Livestock Events Centre	NSW		Enter	
CWDG Official and Closed Unrestricted Competition	16/02/2020	03/02/2020	Blayney Showground	NSW		Enter	
Cudal Pony Club Inaugural Tetrathalon	16/02/2020	08/02/2020	Cudal Showgrounds	NSW		Enter	
Bathurst 2020 - Reliance ROYAL BATHURST SHOW- Horse Entries	23/04/2020	Opening 27/01/2020 5 PM	Bathurst	NSW			
Coffs Harbour Pony Club ODE & Combined Training	08/08/2020	Opening 01/06/2020	Nana Glen Sports Ground	NSW			

Global Entries Online

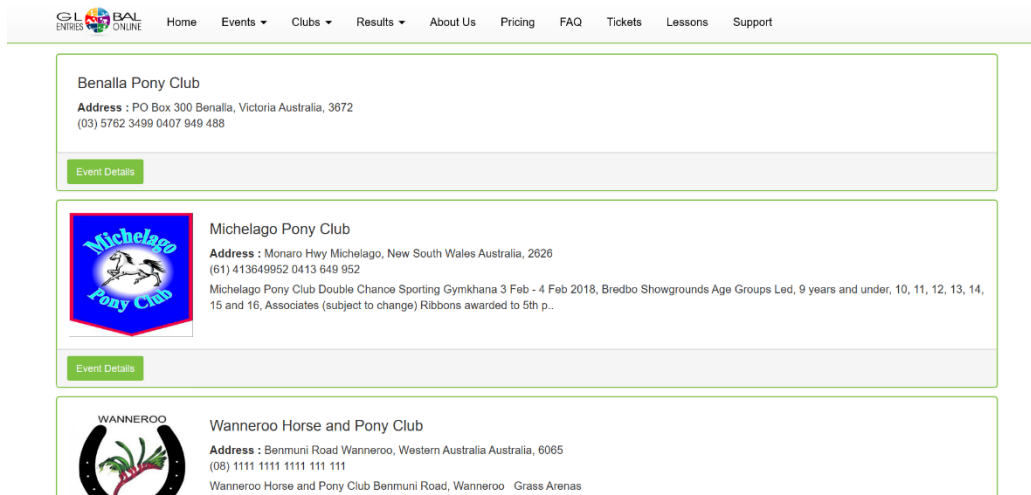
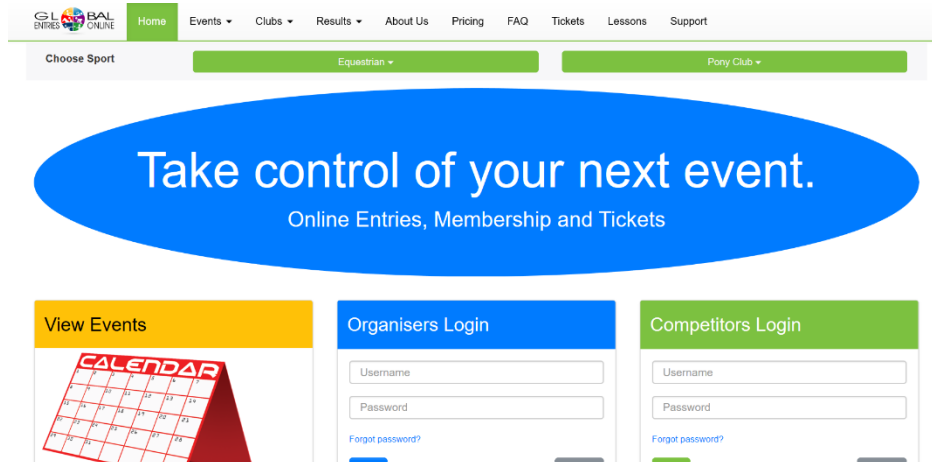
You can view events on Global without being signed up, however to enter events you do need an account! Global is quite different to Nominate and doesn't have as many features for keeping tabs on events but is still used for lots of entries so is handy to have! Sign up is also free.

To register:

https://www.globalentriesonline.com.au/equestrian_pony_club/sign_up

To find events:

Choose Sport (equestrian) and Discipline, then filter by clicking on the event calendar. Once filtered, events are organized by club. To find an event click on the club link.



SENIOR INSTRUCTORS REPORT

Leanne Bell

The year is off to a flying start with 2 of our riders accepted for State Show Riding and Dressage, 1 rider accepted for State Camp, and 9 riders entered to represent our Zone and Area at Sydney Royal in Easter.

This year I am hoping to get all of our instructors accredited as well as many of our riders working through their certificate levels. There is a new instruction syllabus coming into use this year, so this will see a focus on riders learning about caring for their horses, handling them safely on the ground as well as having lots of fun trying all sorts of activities.

I will be looking at getting some specialist instructors in through the year as well. More next time... in the meantime, enjoy your ponies –and remember to take time to give them a good grooming session, spend some time with them, not just riding them!

ZONE 19 REPORT

News, upcoming events and important notices



Our first Zone event of the year will be our Mega Rally Day! This will take place on Sunday February 16th at Londonderry Pony Club grounds. All clubs of Zone 19, Blacktown, Kurrajong, Hawkesbury Valley, Nepean, Megalong Valley, Sun Valley and Epona, will come together for one big rally day!

Riders will not only be treated with the chance to make new friends from other clubs, but the opportunity to receive instructional lessons from all the Zones wonderful instructors!

They day will be filled with lots of fun and activities, as well as a full canteen serving barbeque lunches and yummy snacks!

You must be a financial member of a Zone 19 club to ride at this day, however family, friends and potential members are welcomed to spectate!

HILLS AND HAWKESBURY EQUESTRIAN NEWS



Have you seen our recent articles!?

Photos from the LPC celebration of Pony Club Australia's 80th Birthday were featured in the December/January issue of Hills and Hawkesbury Equestrian News!

You can view the issue online at http://equestriannews.com.au/eMags-Regional/HHEN_Dec_2019/html5forwebkit.html?page=0&fbclid=IwAR0Z-UGkpyTuOZJvOO3j-gP-qSc9TetzKk91LD0qYvb8RB3hzY146t7cxYFU or pick up a copy at rally day, your local saddlery or stock feeds!

Keep an eye out for the February issue for more LPC features!

THE RANVET HORSE CARE CORNER

Check out this month's blog on "Recognising a sick horse"

Thank you to Ranvet for providing us special access to their articles!



A sound understanding of your horse's vital signs can be used to determine the current state of health and fitness. Awareness of your horse's vital signs will enable you to differentiate between what is considered 'normal' and 'abnormal' for your horse. They can also help provide your vet with vital information about the severity of your horse's sickness.

The vital signs outlined in this article will enable you to perform a physical examination that can be used to assess any changes in your horse's demeanour, body temperature, and hydration, respiratory and cardiovascular health.

Recognising a sick horse through Vital Signs:

Temperature: Normal Range 37-38C

Pulse: Normal Range 25-42 Beats per minute

Respiration: 10-20 breaths per minute

Mucous Membranes: Pale Pink

Capillary Refill Time: < 2 seconds

Gut Motility: Should sound like a regular gentle washing machine

Digital Pulses: Should not be "bounding."

Skin: Should bounce back when "tented."

Other Signs to monitor:

Attitude: Is your horse abnormally irritable or aggressive or is your horse showing signs of depression.

Eating and Drinking: The average 500Kg horse should drink 12-40L per day.

Fecal and Urine output: When was the last time you saw your horse urinate or poo? How many poos have they done in a 24 hour period?

Gait: Is your horse moving freely in the walk and trot are there any visible signs lameness?

Top Tip: Always have easy access to your veterinarian's numbers and a backup for emergencies. Know where your nearest specialist centre is located.

Contact a Veterinarian Immediately for:



- Choke
- Colic
- Collapse
- Eye Trauma
- Prolonged or Difficult Foaling
- Major Wounds (lacerated arteries, joints, body cavity, exposed bone)
- Profuse Haemorrhage (nasal, castration site)
- Respiratory Distress
- Road & Traffic Accidents
- Severe Lameness ("three legged")

Top Tip: Have a first aid kit in an easily accessible location and make sure it is always kept stocked and ready. Discard items when they expire and replace with new ones.

What should I included in my First Aid Kit?

- Thermometer
- Stethoscope
- Scissors
- Haemostats
- Hoof Pick
- Wire cutters
- Chlorhexidine Scrub
- Iodine Solution – for rinsing eyes and mucous membranes
- Alcohol and Swabs
- Antiseptic Ointment/Powder
- Sterile Water or Saline
- Syringes and Needles (60ml and 18g)
- Non stick primary wound dressings
- Gauze Bandage or Soft Conforming Bandage (Soffban)
- Cotton Wool or Combine
- Elastic Bandage (vetrap, elastoplast, crepe)
- Feminine Hygiene products (great primary dressings and puncture wounds)
- Nappies (best foot bandages!)
- Duct Tape
- Sterile Gloves
- [Virkon](#)– DPI approved for Hendra and Equine Influenza
- Clean Towels
- Electrolytes (paste or powder) Such as [Salkavite](#) or [Electro Paste](#)
- Flash Light/Batteries
- White Healer
- Yellow Lotion



Keep in an airtight container such as a 20Kg bucket with lid.



First Aid Tips:

- Always know your horse's normal vital signs.
- Put pressure on bleeding wounds for at least 5 minutes.
- Always consult your veterinarian before giving your horse any medications.
- Always make sure your horse's vaccinations are kept up to date especially tetanus.
- For hyperthermia use cool not cold water and always scrape off excess water.
- Make changes to diets gradually and with the permission of a nutritionist to prevent digestive upsets.
- Try not to move a horse that is "tied up".

We always recommend calling your veterinarian as a first point of call if you are ever uncertain about the health of your horse

Want to learn more?

Follow Ranvet on Facebook, Instagram and Twitter! @ranvetptyltd

Or become a member of the Ranvet Riders Club at
<https://www.ranvet.com.au/ranvet-riders-club/> for exclusive offers and content!



AROUND THE GROUNDS AT LPC

Catch up on everything that we've been up to over the last month!



Zone 19 Jamboree



LPC Presentation and Christmas Party
2019



Zone 19 Presentation
Evening, 2019



#TEAMLONDONDERRYPONYCLUB

Check out what our LPC team and their horses have gotten up to outside of pony club!



Bobby and Jack swept the judges off their feet at two shows in one day, picking up sashes in the open and breed rings!

Holly and Foxy took home Supreme Ridden ASH at Blacktown Twilight Show, receiving this lovely photo to remember the moment!



Shelby and Raven had a wonderful time in Canberra at the National Capital Horse Show, with many fantastic results including receiving her first flowers!



Connor and his Diamond Park Khaleesi have had a very busy year which included being titled Australian National Performance Horse of the year!



Shannon and Will were awarded the open 45cm Champions at Sydney Showjumping Championships!



Georgie and Joy sand dancing to success, celebrating their first official tests together!

Brydie and Phantom were crowned winners of the Champion Open Hack Section at Central West ASH Show



Would you like to feature here? Send your photo and a short explanation to lpcpublicity@gmail.com or tag us using [#teamlondonderryponyclub](https://www.instagram.com/teamlondonderryponyclub)

CALENDAR OF EVENTS

February 2020, as of January 27, 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Rally Day	3	4 Zone 19 Meeting	5	6	7	8
9	10	11	12	13	14	15
16 Mega Rally Day / Instructors Course	17 LPC Meeting 7:30pm	18	19	20	21	22
23 March, 1 Rally Day Zone 19 Showjumping	24	25	26	27	28	29 Zone 19 Equitation

